



The Motor Mouth

Pizza: The New Brain Food?

Full tummies help PSEBers plan fun year ahead



Pizza and planning . . . the two go together like salt and pepper, shoes and socks, T-Birds and fun.

Pat and Judy Howard hosted the gathering at their beautiful meeting-friendly home, and Gordon and Judy Thorne provided the food and drink. With a variety of Papa Murphy's pizzas arrayed on the kitchen buffet, a selection of salads, and several tempting desserts prepared by Susan Harris and Judy Roupes, The Howard Cafe was open for business for the annual PSEB general meeting and planning session. Once members had selected and consumed their favorite slices, it was time for business.

Other attendees were Viingos, Callards, Niemis,

Roupes, Austins, Daughertys, Fantzes, Harrises and Cheryl McCurdy (Phil was working -- we missed you).

Reports completed, the planning session began in earnest and within an hour or two, members had agreed upon a schedule of fun, creative and unusual events for 2008.

The full schedule includes time to attend the CTCI national convention in Portland, a three-night tour over the Cascades in September, and a variety of one-day events that are sure to please. Check page 4 for the full rundown and mark your calendars now.

Swirl, sniff, sip and sigh

Our FEB. 9 event includes a driving tour to Port Angeles for the Red Wine and Chocolate Tour in North Olympic Peninsula. See page 3 for details.

It's a Mini Concours --

MARCH 8 at the McCurdys'. Learn how T-Birds are judged at official events, and get ready for Portland! **Save the date.**





Cruising and Musing

KUDOS AND A BIG OOPS!

The January planning meeting was a terrific time for hot pizza, cold beer, and cool red wine, with lots of good conversation among the 21 PSEBers who gathered at The Howard Cafe to enjoy the Howards' famous hospitality. Our thanks to Pat and Judy for once again sharing their home with us.

Yr olde prez presided over an interesting planning session -- oversize paper displayed suggestions for activities for 2008, with comments invited from the attendees. Going in, I knew I had it made for November, December and January with annual events, and May-October's fine offerings, but what to do in February, March and April when little is happening outside except a lot of rain?

That's why I was so pleased when two members stepped up to the plate by offering to host March and April with new ideas. Thanks to Cheryl and Phil McCurdy for hosting a mini concours/potluck in March, and to Bob and Martha Callard for leading us to the annual PACCAR open house in April. Thanks also to Fred



and Helen Gilchrist, who have graciously agreed to host the Feb. 9 Red Wine and Chocolate tour. I don't know about you, but visiting artisan wineries, sampling their fine red wines and savoring decadent dark chocolates will brighten my day, no matter what the weather! And the tour also includes lunch at a local favorite. So make plans to join us and swirl a glass or two.

Take a look at the rest of the schedule for the year on page 4 -- you selected a good variety of fun events.

And lastly, the oops (I put it last, hoping no one would read this far): Ye olde editor and yr prez need to brush up on how to save digital photos. Some unnamed person emptied the camera's memory card of January meeting photos before burning them to a CD. It was Past Prez Pat (PPP) to the rescue with a record photo of the meeting. We promise to get this stuff together, at least by the time I leave office,

--Gordon Thorne, President.

OFFICERS AND CHAIRMEN

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THE MOTOR MOUTH

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Official monthly publication of the Puget Sound Early Birds, chapter 81 of Classic Thunderbird Club International.

Members are encouraged to submit articles written by themselves or others. All submissions are subject to editing and space available.

Deadline: 20th of the preceding month

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Our Mission: To encourage and promote the preservation, admiration, ownership, enjoyment and restoration of the 1955, 1956 and 1957 Ford Thunderbirds.

Web site:
Under construction



RED WINE AND CHOCOLATE TOUR

Saturday, February 9

Our group is limited to 15 individuals only. RSVP is mandatory no later than February 5, first come, first served.

***Fred and Helen Gilchrist: 360/683-8133 or
gilchris@olypen.com***

Want to practice good Heart Health? Look no further than our February event -- good red wine to scour those veins and arteries, and luscious chocolate, with its antioxidant power for overall well being. Never let it be said that PSEB doesn't take good care of its members.

Thanks to hosts Fred and Helen Gilchrist, we'll have a tasty tour of three or four wineries in the Port Angeles/ Sequim areas, lunch at a Port Angeles restaurant that gets rave reviews and is recommended by northwestplaces.com.

Cost of the tour is \$15 per person, charged at the first winery. You get a wine glass that entitles you to all the tastings and chocolates.

Here's the plan:

9 a.m. Gather at Port Gamble -- in front of the general store.

9:15 a.m. Depart for Sequim/Thornes leading.

10:15 a.m. Meet the Gilchrists on Sequim Bay Road across from the Sequim Bay Lodge on Hwy. 101.

10:18 a.m. Rest stop at John Wayne Marina.

10:35 a.m. Tour to Port Angeles.

11:25 a.m. Arrive Harbinger Winery (three miles west of Port Angeles on Hwy. 101 -- see blue metal barn on left).



12 noon Depart for Camaraderie Cellars Winery and gardens.

12:45 p.m. Return to Port Angeles and lunch stop.

1:15 p.m. Lunch at Cafe Garden, 1506 E. First St.

2:15 p.m. Leave Cafe Garden.

2:30 p.m. Arrive Olympic Cellars Winery at 255410 Hwy. 101.

Depart at will/optional winery -- Lost Mountain Winery, about 13 miles/20 minutes, is an option.



We will have detailed directions for entire tour available when we meet in Port Gamble.



THE ROAD AHEAD 2008



Date	Event	Hosts
<i>February 9</i>	<i>Red Wine and Chocolate Tour Port Angeles/Sequim area</i>	<i>Fred and Helen Gilchrist</i>
<i>March 8</i>	<i>Mini Concours/ How the judges judge and potluck lunch</i>	<i>Phil and Cheryl McCurdy</i>
<i>April 12</i>	<i>PACCAR open house Mount Vernon</i>	<i>Bob and Martha Callard</i>
<i>May 4</i>	<i>Oyster Shuck 'n' Jive Harvest/oyster feed/take home</i>	<i>Michael and Christine Perry</i>
<i>June 21-22</i>	<i>Port Gamble Civil War Reenactment Potluck barbecue at Harrises'</i>	<i>Tom and Susan Harris</i>
<i>July 13</i>	<i>Vashon Island Strawberry Festival</i>	<i>Gordon and Judy Thorne</i>
<i>July 28-August 3</i>	<i>CTCI International Convention Portland</i>	<i>Rose City T-Bird Club</i>
<i>August 17</i>	<i>All T-Bird Picnic, Eatonville Joint event with Olympic Classic Club</i>	<i>Ted and Charline Austin</i>
<i>September 12-15</i>	<i>Three-night North Cascades Loop Tour</i>	<i>Gordon and Judy Thorne</i>
<i>October TBA</i>	<i>Gig Harbor to Indianola Auto Rallye</i>	<i>Niemis and Thornes</i>
<i>November 8</i>	<i>Great Chefs of the Northwest</i>	<i>Ed and Tanya Johnson</i>
<i>December 14</i>	<i>Christmas Party and Gift Exchange</i>	<i>Pat and Judy Howard</i>

OTHER EVENTS OF INTEREST

<i>April 15-16</i>	<i>Tour to private Elma daffodil farm and optional Ocean Shores overnight</i>	<i>Olympic Vintage Auto Club Contact: Ted Austin, 360/394-2297</i>
<i>May 23-25</i>	<i>Kelowna, B.C., Show & Shine and optional three-day B.C. driving tour</i>	<i>Okanagan T-Bird Club Contact: Ken Carr, 250/766-1503</i>
<i>July 4-6</i>	<i>North Idaho Golden Anniversary Tour Day tours from Moscow, Idaho</i>	<i>Crankers Club Contact: Ted Austin, 360/394-2297</i>



Did you see this ad in your local newspaper? This one was spotted by the editor in the Tacoma News Tribune.

Our Little Birds continue to have real staying power. That's the mark of a true American icon.

February Celebrations

Best wishes to . . .

Birthdays

- 1 Nancy Niemi
- 10 Susan Harris
- 14 Beverly Cooper
- 22 Der Roupe
- 27 Al Fantz
- 28 Judy Thorne

Anniversaries

- 3 Dick and Adrienne Daugherty
- 14 Fred and Helen Gilchrist
- 24 Jerry and Carol Weiler



Happy Valentine's Day!



Many thanks to Judy and Pat Howard, shown here at the PSEB Christmas party, for hosting the January planning meeting.

**PSEB General Meeting Minutes
January 6, 2008**

President Gordon Thorne called the meeting to order at 1:45 p.m. at the Howard residence, Poulsbo, Wash. Those attending were: Thorne (2), Howard (2), Niemi (2), Austin (2), Callard (2), Daugherty (2), Fantz (2), Harris (2), McCurdy (1), Roupe (2), Vingo (2). There were no guests.

Gordon introduced the officers, stating that the position of Webmaster is open. Committee chairmen were introduced and their reports given. The agenda is attached to the secretary's minutes.

Treasurer Duane Niemi

- Balance is \$845 as of Dec. 31, 2007.
- Judy Roupe suggested increasing the Christmas party budget to \$250. Judy Howard will continue with present budget for the 2008 party at their house.
- Voted to send a donation to Portland T-Bird Club for the convention; Gordon will check on this.

Special Projects Chairman Judy Howard

- Results of Toys for Tots for 2007.
- Motion carried to continue support of Toys for Tots in 2008.

Historian Judy Howard

Presented club with the book she created for the club history, and passed it around. She will bring it to upcoming meetings/activities so members will have a chance to look at it.

Membership Chairman Judy Roupe

She is looking into business cards to use in membership building.

Reports completed, 2008 PSEB events were discussed and approved.

*--Respectfully submitted,
Nancy Niemi, secretary*

Webmaster position filled

Thank you, Bob Callard, for volunteering to be PSEB Webmaster and maintain the Web site. Bob, who is vacationing in Florida, will begin work on the Web site upon his return. For now, the site is not being updated.



Safety note

Do you know how to use a fire extinguisher?

A portable fire extinguisher can save lives and property by putting out a small fire or containing it until the fire department arrives; but portable extinguishers have limitations. Because fire grows and spreads so rapidly, the No. 1 priority for residents is to get out safely.

Use a fire extinguisher when:

1. The fire is confined to a small area, such as a wastebasket, and is not growing.
2. Everyone has exited the building.
3. The fire department has been called or is being called.
4. The room is not filled with smoke.

To operate a fire extinguisher, remember the word PASS:

P -- Pull the pin. Hold the extinguisher with the nozzle pointing away from you, and release the locking mechanism.

A -- Aim low. Point the extinguisher to the base of the fire.

S -- Squeeze the lever slowly and evenly.

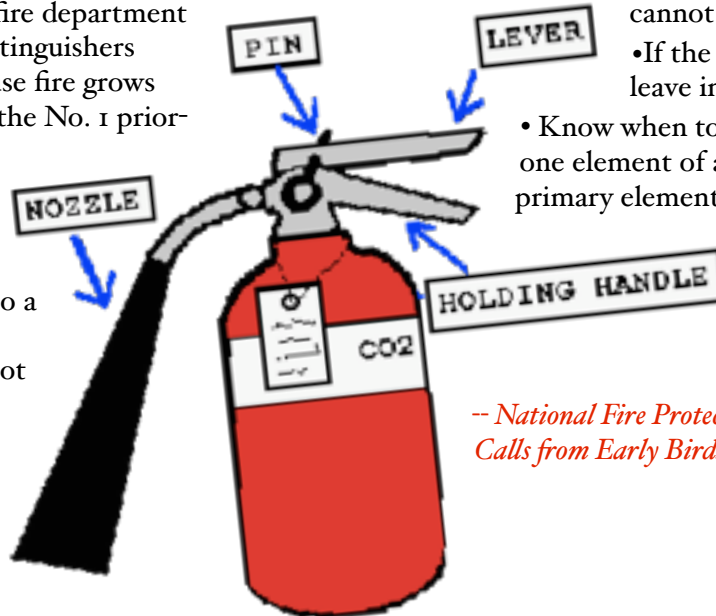
S -- Sweep the nozzle from side to side.

Choose the right kind of fire extinguisher:

Home -- Select a multipurpose extinguisher that can be used on all types of home fires and that is large enough to put out a small fire but not so heavy as to be difficult to handle.

Car -- Select an extinguisher with an ABC rating. Numbers after the letters measure the extinguisher's capacity. The larger the number, the higher the capacity.

Be sure it carries the label of an independent testing laboratory.



After you buy one:

- Read the instructions and be familiar with the parts and operation before you need to use it. Fire departments and fire equipment distributors may offer hands-on training.
- Install fire extinguishers close to an exit and keep your back to a clear exit when you use it so you can make an easy escape if the fire cannot be controlled.
 - If the room fills with smoke, leave immediately.
 - Know when to go. Fire extinguishers are one element of a fire response plan, but the primary element is safe escape. Every household should have a home fire escape plan and working smoke alarms.

-- National Fire Protection Association via Bird Calls from Early Birds of Southern California.

Swap Meets and Car Shows

Always call before you go

Feb. 16-17 Early Bird Swap Meet, Model T Club, Sat 8-5; Sun 9-3, Western Washington Fairgrounds, charlie@earlybirdswap.org.

Feb. 17 Swedish Cruise In, 11 a.m., Triple X Drive-in, Issaquah, 206/365-6913.

Feb.29-March 2 Seattle Roadster Show, Fri 2-10, Sat 10-10, Sun 10-7, Quest Event Center, 360/225-0275.

March 9 4x4 Performance Swap Meet, Spanaway Moonshiners Jeep Club, 9-4, Western Washington Fairgrounds, 253/537-3172.

March 15-16 Almost Spring Swap Meet & Vintage Car Show, Gallopin' Gertie MAFC, Sat 8-5, Sun 9-3, Western Washington Fairgrounds, www.gertiesas.org.

March 15 Mustang March Madness Rally, Vancouver, 360/687-2305.



Birds and Roses
CTCI International Convention / July 28 - August 3, 2008
Red Lion Hotel on the River - Jantzen Beach Portland, Oregon
Hosted by the Rose City Thunderbirds

Last Name _____ First _____ Spouse/Other _____
 Address _____
 City _____ State _____ Zip _____
 Telephone Day _____ Evening _____
 Email _____ Planned day of arrival _____
 CTCI No. _____ (Required) CTCI Chapter affiliation _____
 Are you willing to judge? Yes _____ No _____
 Children/Guest attending names/ages _____

Hospitality Room Open	Mon 1 PM - 5 PM	Tue - Sat 6 AM - 11 AM, 1 PM - 5 PM	Sun 6 - 10 AM	
Registration Open	Mon Noon - 6 PM	Tue - Fri 8 AM - 5 PM		Total
Registration Fees				
		Couple	\$60	
		Individual	\$30	
Late charge per person (additional for those postmarked after June 30, 2008)				
Additional for each child or guest 18 or over				\$20
				\$20
Concours d'Elegance	Concours I: Driven or Trailered WITH undercarriage judged			\$40
Deadline June 30th	Concours II: Driven with undercarriage NOT judged			\$40
- no exceptions	Touring Class: Must be driven to and from event			\$30
	Display Class: On display but NOT judged - in secured parking			\$20
Trailer parking needed: YES _____ total length including tow vehicle _____ feet or NO _____ please check one				
Vendors Room Open 8 AM - 5 PM Tuesday - Saturday	Cost per table/week			\$10

Please indicate number attending each event even if there is no charge so we can plan accordingly.
 Thank You

Date	Time	Description	Cost/Prsn	Number	Total				
Monday July 28	6:30 - 8:00 PM	Walking Tour of Fort Vancouver Officers Row Please Circle one <input type="checkbox"/> Drive (about 5 mi.) <input type="checkbox"/> Transportation needed	\$5						
Tuesday July 29	8 AM - 1 PM	Columbia River Gorge Bus Tour	\$15						
	2 PM - 4 PM	Tech Session (By Nick Brann, 25 year veteran of the auto aftermarket)	NC						
	4 PM - 5 PM	Ask the Experts	NC						
	6 PM - 7 PM	No Host Cocktails	NC						
	7 PM - 9:30	Welcome Party (Circus Theme, Hot dogs, Chili dogs, and other snacks)	NC						
Wednesday July 30	8 AM - 1 PM	City of Portland Bus Tour	\$25						
	2 PM - 3:30 PM	General Membership Meeting	NC						
	5:00 PM - 10:30 PM	Willamette River Dinner Cruise through Downtown Portland (limited to first 350)	\$65						
Thursday July 31	8 AM - noon	Bus Tour to Rice Northwest Rock Museum	\$22						
	1:30 PM - 5:30 PM	Judges Training (Mandatory for all those wanting to judge)	NC						
	5:30 PM - 9:30 PM	Wine & Beer tasting (with light dinner)	\$30						
Friday August 1	8 AM - 8:45 AM	Owners & Judges Meeting							
	9 AM - Done	Concours d'Elegance	see above						
	1:30 PM - 3:30 PM	Fashions through the Ages with Dessert Tea	\$10						
	6:30 PM - 9:00 PM	Evening BBQ at Portland International Raceway (entry fee and dinner)	\$20						
Saturday August 2	8 AM - 8 AM	Swap Meet No charge for space/tables, indicate tables needed	NC						
	9 AM - 3 PM	Driving tour to Evergreen Flight Museum (This is the Touring Class driving event)	Entry Fee \$11 Box Lunch \$12 Bus Transportation \$16						
	2:30 PM - 4 PM	CTCI Board Meeting							
	5 PM - 6 PM	No Host cocktails							
	6:00 PM	Awards Banquet Chicken Steak Halibut	\$45						
Sunday August 3	9 AM - 10 AM	Hospitality Room open for farewell send-off	NC						
Convention Shirt, Embroidered Denim									
Men's	S	M	L	XL	2XL	3XL	4XL	5XL	\$28
Women's	S	M	L	XL	2XL	3XL	4XL	5XL	\$28
Make checks payable to: NO Refunds after 7/15/2008									Total due

Rose City Thunderbirds Convention Acct.
 Mail to:
 RCT c/o Sharon Sharp
 23100 NE Old Yamhill Rd.
 Newberg, OR 97132

Call Hotel for Reservations
 Ask for "Rose City Thunderbirds" Rates
 Standard Rooms \$99.00 per night
 Local Reservations (503) 263-4496 -- Ask for In-House reservations
 Central Reservations (800) 733-5496 or www.redlion.com/jantzenbeach

Red Lion Hotel on the River - Jantzen Beach
 909 N Hayden Island Dr.
 Portland, OR 97217

For information: { Cliff Noxon, Co-Chairman 503 657-4052 canoxon@comcast.net
 Roger Kelley, Co-Chairman 360 896-5096 rogerandvikelley@comcast.net
 Sharon Sharp, Registration 503 538-7579 sharps@bigplanet.com



We're invited!

PSEB is invited to attend the Okanagan Classic Thunderbird Club's annual Show & Shine in Kelowna, B.C. Cars will be displayed on a grassy field adjacent to Okanagan Lake in the city's downtown park. Last year, more than 100 T-Birds from 1955-2005 created a spectacular sight.

A fun-filled three-day tour takes T-Birders to some of B.C.'s most scenic areas, all on paved, traffic-free back roads. In 2007, 58 Birds participated.

If you have never attended this show and shine, take it from Gordon and me, it is a very fun event. The Canadians are great hosts, and there will be Birders from throughout the Pacific Northwest. Please consider joining us -- we have it on our calendar.


Next issue: registration forms and detailed tour route and information.

Okanagan Classic Thunderbird Club

Dedicated to the Restoration and Preservation of Ford Thunderbird Cars from 1955 - 2005
Member of VTCl - Northwest Region


16th Annual Show & Shine, and 10th Annual 3-Day Tour



Kelowna, B.C.

The Program

"ON THE ROAD AGAIN"



Friday May 23 rd	Registration at Ramada Hotel 6:00pm to 9:00pm
Saturday May 24 th	Show & Shine at City Park 9:30am-- Parade of "Classics" (from the Hotel to City Park) 10:00am to 2:00pm-- Show & Shine (within walking distance to shopping, parks, restaurants and pubs) 2:00pm-- Wine Tour Cocktails and Banquet at Ramada Hotel 6:00pm to 7:00pm-- Cocktails 7:00pm-- Banquet Trophy Presentations and Draws after dinner
Sunday May 25 th	Breakfast and 3-Day Tour Briefing Session at Ramada Hotel 8:00am to 9:30am-- Breakfast, Ramada Hotel 9:30am-- Briefing Session, Ramada Hotel 10:00am-- Tour Departs

For More Information:
 Ken Carr: 250-766-1503, e-mail: kencarr@shaw.ca or Donna Mellquist: 250-376-8089, e-mail: dlafranciere@tclus.net
 Show & Shine and 3-Day Tour registration forms are enclosed. Please return to Ken Carr no later than **May 10, 2008**.

Show & Shine Accommodation for out-of-town guests
 Please register directly with the Ramada Hotel, 2170 Harvey Ave., Kelowna, B.C., V1Y 6G8. Their telephone numbers are: 800-665-2518 or 250-860-9711, Fax: 250-860-3173. Room rates are available from \$123.00 plus taxes. Use the code "Thunderbird 2008" for preferred room rates. Please register early for best choice.
 The hotel will hold rooms until April 28th 2008.



KUDOS TO OUR HISTORIAN

Thanks to Judy Howard, we have a beautiful, up-to-date club history. Judy first refurbished the existing scrapbook by adding colorful artwork and explanations. Then she developed a loose-leaf binder with photos, captions, clippings, artwork and souvenirs from PSEB events; and each page is enclosed in a plastic sleeve for protection.

Judy will be bringing the histories to upcoming events so that members will be able to peruse these two volumes. Be sure to take a look -- you will be proud of all PSEB has accomplished.



Improve your MPG quotient

With gas at more than \$3 a gallon, it makes sense to help your vehicle get the most out of that expensive commodity. Common sense with just a dash of rocket science will impact your mpg quotient.

Speed. Fuel economy decreases rapidly when speed exceeds 60 mph. Obeying speed limits promotes both safety and vehicle efficiency.

Cruise control. Maintaining steady speeds without undue speeding up or slowing down is good for fuel economy. Engaging cruise control makes this effortless.

Tire inflation. Properly inflated tires roll more easily, reducing the energy needed to move the vehicle, increasing efficiency. Having tires under-



inflated by as little as 3 psi can reduce efficiency by 1.5 percent.

Weight. Every 100 pounds of extra weight decreases fuel economy by 4 percent.

Maintenance. A properly serviced vehicle runs more efficiently, making as much as a 10 percent difference. Your best guide to service schedules is the owner's manual.

Rocket science. Drag, or wind resistance, eats away at fuel economy. Even having the vehicle's windows down when exceeding 35 mph or lugging an unused roof rack around makes a difference. If you drive a truck, leaving the tailgate up reduces drag.

Accessories. When you park your car for the night, make sure to power down any accessories that add a load to your engine when next starting up. Air conditioning and any items plugged into the cigarette lighter are the biggest culprits. The bigger the electrical load, the less the fuel efficiency.

Trip planning. Careful routing to avoid known or predictable traffic snags will pay off in greater fuel economy.

--Reprinted from Bay Area Thunderbird Club newsletter, What's New in Bird-Land?

Drunk Man Tried to Get Gas at Nuke Plant

*From the Chicago Sun-Times
Nov. 2, 2006*

A highly intoxicated Oak Park man faces several charges after driving up to the Braidwood nuclear power plant in search of gasoline Saturday, police said.

It was the second time in two weeks that a drunken motorist mistakenly pulled up to a security checkpoint at the Braidwood Generating Station.

The nuclear power plant, located off Route 129 in Braceville,

is about 60 miles southwest of Chicago.

In the earlier incident Oct. 18, a man drove in and tried to pay a guard, thinking he was at an interstate toll plaza. The 38-year-old man was charged with driving under the influence.

Around 12:30 a.m. Saturday, a 51-year-old man steered his 2000 Ford Explorer past a No Trespassing sign and a wide Generating Station sign (see photo at right), stopping only when he reached a security checkpoint. "He thought it was a gas station

-- I guess he wanted to pay for gas," said a Will County sheriff's spokesman. The man failed a Breathalyzer test and was later charged with DUI and entering a controlled-access area.

